

## **BREATH**

for any number of performers

Breath fully,  
inhale - let abdomen expand,  
exhale- abdomen contracts.  
In every 2, 3, 5 or 8 exhale  
make a sound in any way,  
mostly ppp-p, soft,  
occasionally ff, short,  
more silence than sound in duration of exhale.  
Close your eyes, be relaxed, listen to others.  
There is no synchronization,  
every performer have their individual breathing rhythm.

Duration of piece is free.

In public performance, use dim, green light.